

# JOSHUA TURNER, PHD, HSP

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## EDUCATION

New Mexico State University

**Ph.D. in Counseling Psychology (APA accredited)**

**2019**

Minors in Spanish Counseling & Integrated Behavioral Health

APA Accredited Internship: Veteran's Affairs Medical Center in  
Lexington, KY

Eastern Kentucky University

**Master of Science in Clinical Psychology**

**2011**

Eastern Kentucky University

**Bachelor of Arts in Spanish**

**2007**

**Bachelor of Science in Psychology**

**2007**

Minors in International Studies & Creative Writing

## LICENSURE

Licensed Psychologist-Health Service Provider

Indiana; License Number: 20043503A/B

**Expires: 8/31/2026**

Kentucky; License Number: 260335

**Expires: 3/10/2028**

APIT: 21869

**Expires: 04/25/2026**

NPI: 1073862173

## LANGUAGES

Spanish & English

## LICENSED EXPERIENCE

**Founder/Owner**

**09/21/2022-Present**

**Turner Psychological Services, Richmond, KY**

- Delivering psychotherapy services to adults (18+), specializing in eating disorders, trauma, depression, anxiety, sexual/gender identity, and veterans issues.
- Providing neuropsychological evaluations for a wide array of issues including differential diagnosis, ADHD, ASD, trauma, and mood disorders.
- Supervision of MS-level psychometrist.
- Providing immigration psychological evaluations.

**Part-Time Staff Psychologist (10hrs/wk)**

**06/01/2023-Present**

**Open Doors Counseling Center, Lexington, KY****Group Practice Owner: Kyle May, LPCC**

- Delivering individual psychotherapy services to adult (ages 18+) members of the LGBTQ+ community.
- Supervision of clinical psychology doctoral students completing LGBTQ+ specific practicum experience.

**Assistant Professor (40hrs/wk)****08/01/2022-Present****Eastern Kentucky University, Richmond, KY****Department of Psychology****Dept Chair: Jaime Henning, PhD**

- Engaged in instruction and clinical supervision of students in APA accredited PsyD program.
- Primary clinical supervisor for doctoral students conducting psychotherapy and assessment cases of children and adults.
- Supervised busy research team conducting various qualitative research projects in which I served as mentor and/or PI. Team consisted of undergraduate and graduate students completing McNair Scholar, Honors Thesis, and Doctoral Specialty Projects.
- Teaching the following graduate courses in APA accredited PsyD program: Psychotherapy & Behavioral Change I, Ethics & Professional Concerns, Psychology of Addictions, Clinical Supervision Theory and Consultation, Doctoral Practicum in Clinical Psychology, Rural Mental Health, Advanced Developmental Psychology.
- Teaching the following undergraduate courses: Introduction to Clinical Interviewing (online and F2F).
- Contributed to APA accredited internship at EKUCC with the following didactics: Clinical Implications of Sizeism and Healthism; Assessing Hormone and Surgery Readiness in Transgender Patients.
- Served as member of Diversity, Equity, Inclusion, and Belonging (DEIB) committee to advocate for diversity and inclusion within the College of Letters, Arts, and Social Sciences.
- Serving as faculty advisor and clinical supervisor of masters and doctoral level student clinicians in the Spanish Specialty Clinic (La Clínica) and Sexual Orientation Gender Identity/Expression Specialty Clinic (SOGIE) within psychology department training clinic.

**Part-Time Staff Psychologist (10hrs/wk)****07/01/2024-12/31/2025****Edelson & Associates, Lexington, KY****Clinical Director: Byron White, PsyD**

- Conducted clinical neuropsychodiagnostic interviews with adults for various presenting concerns to discern psychological versus neurocognitive etiologies.
- Selection and administration of neuropsychological testing batteries to adult populations.
- Scoring, interpretation, and writing of clinical evaluation reports.

**Staff Psychologist (40hrs/wk)****08/04/2021-07/08/2022****Richard L. Roudebush Veteran's Affairs Medical Center, Indianapolis, IN****Mental Health Clinic*****Supervisor: Shannon Woller, PsyD, ABPP, HSPP***

- Conducted outpatient group and individual psychotherapy (50% virtual/50% F2F) within hospital mental health clinic.
- Served as lead psychologist on LGBTQ+ specialty integrated behavioral health team.
- Maintained treatment plans, documentation, and risk management no-cap caseload with two required intakes per day.
- Attended weekly department and behavioral health team interdisciplinary meetings with psychiatrists, pharmacists, nurse practitioners, social workers, music therapists, and clinical counselors.
- Attended monthly psychiatry grand rounds with various topics related to clinical practice and ethics.
- Performed assessments for cross-sex hormone readiness and pre-operative surgery evaluations for transgender veterans.
- Led Pride In All Who Served: LGBT Health Education group providing health education and support to our LGBT veterans in hybrid (F2F/Virtual) format.
- Led transgender veterans support group in hybrid (F2F/Virtual) format.
- Served as Diversity Coordinator for APA accredited psychology internship: assisted interns in creation and completion of required diversity projects, facilitated and led diversity didactics, championed diversity considerations within clinical and training discussions.
- Created new diversity project for APA approved internship program that utilized the updated APA multicultural guidelines for training and practice of psychology.

**POST-DOCTORAL CLINICAL EXPERIENCE****Graduate Psychologist (40hrs/wk)****08/04/2019-08/04/2021****Richard L. Roudebush Veteran's Affairs Medical Center, Indianapolis, IN****Mental Health Clinic*****Supervisor: Shannon Woller, PsyD, ABPP, HSPP***

- Conducted outpatient group and individual psychotherapy within hospital mental health clinic.
- Performed assessments for cross-sex hormone readiness and pre-operative surgery evaluations for transgender veterans.
- Served as lead psychologist on LGBTQ+ specialty integrated behavioral health team.
- Led LGBT PRIDE group providing health education and support to our LGBT veterans.
- Worked as part of multi-site team to have *PRIDE in All Who Served: LGBT Health Education* evidence-based group protocol approved as national practice by Veteran's Health Administration's office for Diffusion of Excellence.

- Worked with LGBT program manager to achieve site recognition from VHA Diffusion of Excellence as PRIDE Champion and PRIDE Accelerator for exemplary efforts in advancing affirmative care in VA services.
- Clinical supervision of pre-doctoral psychology intern completing emphasis area in LGBT healthcare.
- Served as Diversity Coordinator for APA accredited psychology internship: assisting interns in creation and completion of required diversity projects, facilitating and leading diversity didactics, championing diversity considerations within clinical and training discussions.

### **LICENSED MASTER'S LEVEL CLINICAL EXPERIENCE**

**Lead Neuropsychometrician (20-40hrs/wk) 08/2017-06/2018**  
**iNetMed Behavioral and Psychiatric Services, Las Cruces, NM**

***Supervisor: Pattijo Velasquez, PhD MSCP***

- Assisted in establishing an in-house neuropsychological testing clinic for a prescribing psychologist in private practice.
- Developed policy, procedures, and protocols for scheduling patients, saving data in Electronic Health Record (EHR), establishing workflow for psychometricians in the clinic, as well as managing, collecting, and reporting testing data for patients and providers.
- Instrumental in developing coding and reimbursement procedures for start-up of private practice clinic.
- Responsible for interviewing, hiring, and training three masters level psychometricians to handle high volume of testing referrals. Trained new psychometricians in EHR, clinic procedures, and on typical testing protocols for the clinic (i.e., NEPSY-II, WISC-V, D-KEFS, CAARS-2).
- Trained bachelor's level testing clinic assistant to do filing, data entry, and maintenance of confidential records for testing clinic.
- Streamlined the workflow of patients through the clinic including seeing providers and completing testing, reducing the time patients and providers had to wait for test completion and results.
- Worked closely with IT services to adjust the EHR to provide for better record keeping and billing of psychological testing procedures utilized in the clinic.
- Gathered referrals for psychological and neuropsychological testing from providers in a busy private practice with an in-house neuropsychological testing clinic under the supervision of licensed prescribing psychologist.
- Typical referrals ranged from learning disorders, trauma, mood disorders, TBI, diagnosis differentiation, and medication management concerns.
- Responsible for auditing patient files to ensure that all requested testing is completed, all data is processed and uploaded to EHR and made available to psychologist, all materials are

appropriately dated and labeled within EHR, and all testing procedures have been appropriately billed.

- Conducted feedback sessions with patients discussing results of the prescribed testing protocol upon conclusion of testing, data processing, and report writing. Patients were then scheduled with psychologist for follow-up regarding diagnosis, medication management, and treatment recommendations.
- Patients ranged in age from 3-70+ with a wide variety of mental health concerns.
- Typical batteries included assessment of social, intellectual, neuropsychological, cognitive, achievement, personality functioning and review of records.
- Completed neuropsychological report writing under supervision. I wrote up test data, review of records, clinical interview, and summary sections. Participated in construction of discussion, diagnosis, and recommendation sections with licensed prescribing psychologist.
- Responsible for scheduling patients, administration of all requested testing, processing testing data, and initiating report writing.
- Observed patient medication psychoeducation sessions and consulted with prescribing psychologist regarding medication recommendations and adjustments based on testing data.

**Neuropsychology Technician (8hrs/wk)**

**08/2015-05/2016**

**Sierra Vista Hospital, Truth or Consequences, NM**

**Supervisor: Pattijo Velasquez, PhD MSCP**

- Conducting neuropsychological testing at a rural health clinic for a diverse population including both child and adult patients.
- Writing neuropsychological reports used for individualized educational plans, psychosocial rehabilitation, bariatric surgery clearance, SSI/disability claims, traumatic brain injury, neurology referrals for differential diagnosis, and employer clearance to return to work.

**Psychometrist (10hrs/month)**

**08/2014-05/2015**

**Southwest Counseling & Psychological Services, El Paso, TX**

**Supervisor: Jennifer Darakjy, PhD**

- Conducted bilingual (Spanish/English) clinical interviews both in-person and via telephone for clients of Licensed Psychologist in private practice.
- Conducted and wrote reports for disability assessments in English and Spanish.
- Clients ranged from ages 6 to 60.
- Procedures included: Mental Status Exam, Intelligence tests, and Achievement tests.

**Assessment & Referral Coordinator (32hrs/month)**

**01/2015-08/2016**

**Mesilla Valley Hospital, Las Cruces, NM**

**Supervisor: Tamara Dees, LCSW**

- Conducted bilingual (Spanish/English) clinical assessments for hospitalization at psychiatric hospital.
- Wrote assessment reports, initial clinical note, consult with psychiatrist, request and advocate for insurance authorizations.
- Clients ranged from adolescents to older adults with a wide variety of diagnoses including personality, mood, and psychotic disorders.
- Procedures included: Mental Status Exam, Biopsychosocial, AUDIT, Risk Assessment.

**Clinical Research Assistant (Full-time, Permanent Staff) 40hrs/wk 01/2010-07/2014**

**University of Kentucky, Lexington, KY**

***Supervisor: Allison Caban-Holt, PhD***

- Administration of approximately 3,000 memory assessments, in both English and Spanish, for NIH international research study examining the effects of vitamin E and Selenium on Alzheimer's prevention (the PREADVISE study).
- Created participant cognitive functioning report for supervising clinician to review and establish diagnosis and need for medical record follow-up.
- Requested and retrieved relevant medical records from participants and hospitals regarding participant cognition and possible dementia diagnoses.
- Engaged participants in psychoeducation regarding symptoms and treatment for dementia and the need for screenings and physician follow-up.
- Conducted independent research project investigating the relationship between sleep apnea and cognitive decline. Designed a questionnaire sent to study participants with a sleep apnea diagnosis in order to discern type and duration of syndrome, sleeping habits, alcohol consumption, smoking status, and exercise level.
- Presented original research on patient knowledge of prescribed medications and the existence of medication use/misuse and drug interactions in older individuals at regional conference.
- Attended weekly staff meetings where I presented cases, made suggestions for changes in testing protocols, and provided feedback for development of study procedures.
- Trained new staff members in accurate data collection, administration of screening tools, using study database, ascertainment of participant medical records, and various clerical tasks.
- Handled all business calls and participant questions/complaints via study's centralized telephone number and call center.
- Ordered all office and testing supplies for study investigators and assistants.
- Designed PREADVISE prepaid envelopes as well as communicated with USPS to ensure non-profit mailing charges and bulk mailing from the University of Kentucky.
- Communicated with grant budgetary committee regarding appropriation of funds to staff and for supplies.

- Acted as liaison for PREADVICE to the SELECT Trial (in Seattle, WA) examining prostate cancer in relation to the use of vitamin E and Selenium. As liaison, I contributed to the exchange of data and updates of current participant demographics as well as acted as translator/interpreter for SELECT Spanish speaking participants.
- Assisted in data analysis and collection using all programs in Microsoft Office, SAS, and SPSS.
- Was responsible for mailing of study newsletter, retention items, and certificates of appreciation to all 7,000 participants.
- Ordered and assisted in design of participant retention items.
- Assisted in creating and editing the study's quarterly newsletter.

### **Bilingual Outpatient Therapist (40hrs/wk)**

**07/2012-08/2013**

**Pathways Inc., Mt. Sterling, KY**

**Supervisor: Sie Powell, LPC**

- Maintained 100-200 client case-load while conducting various psychotherapy sessions, including group therapy, as well as psychological testing and assessments. Completed approximately 100 hours of group therapy and 2,000 hours of individual counseling.
- Constructed and maintained treatment plans and annual biopsychosocial interviews.
- Made contact and referrals to various agencies including social services, in-patient psychiatric centers, drug rehabilitation centers, housing authority, and department of community based services for clients ranging between ages 4 and 90.
- Reported client medication concerns, side effects, and compliance in weekly staff meetings with clinic psychiatrist.
- Conducted therapy sessions in both English and Spanish, as well as interpreted for Spanish speaking clients during consultations with psychiatrist.

### **CERTIFICATIONS & TRAININGS**

- Completed training in Immigration Psychological Evaluations for Mental Health Professional. (2025)
- Certified in Cognitive Processing Therapy via 6-month training program at Richard L. Roudebush Veterans Affairs Medical Center in Indianapolis, IN. (2022)
- Completed clinical training in basic STAIR (Skills Training in Affective and Interpersonal Regulation) at Richard L. Roudebush Veterans Affairs Medical Center in Indianapolis, IN. (2019)
- Certified in Primary Care Mental Health Integration via 6-month training program at Veterans Affairs Medical Center in Lexington, KY. (2019)

### **PUBLICATIONS**

**Turner, J. & Freeman, M.** (2024). Tiered Experiential Learning for Skill Development. (In press).

**Turner, J. K. & Lopez, A.** (2024). Sizeism Among Fat and Big Men: A Phenomenological Study. *The Counseling Psychologist*, 52(8), 1342-1371. <https://doi.org/10.1177/00110000241293482>

- Cheng, H-L., Lopez, A., Rislin, J. L., Kim, H. Y., **Turner, J.**, Terhorst-Miller, H., Lopez, J., Cha, C. H. (2018). Latino/Hispanic community adults' health care experience in a New Mexico borderland region. *Journal of Health Disparities Research and Practice*, 11(4), 69-90.
- Ding, X., Kryscio, R. J., **Turner, J.**, Jicha, G. A., Cooper, G., Caban-Holt, A., Schmitt, F., & Abner, E. (2016) Self-reported sleep apnea and dementia risk: Findings from the prevention of Alzheimer's disease with vitamin E and selenium trial. *Journal of the American Geriatrics Society*, 64(12), 2472-2478. doi: 10.1111/jgs.14393
- Turner, J.** (Spring 2011). *Here I Come*. Poem selected for publication in Aurora Literary Arts Journal. Eastern Kentucky University Press: Richmond, KY

## PODCASTS

### **Expert Interview**

**03/21/2025**

*Guest scholar on the Body Justice Podcast, Ep. 60: The Unique Experiences of Men and Weight Stigma.*

- I was interviewed about my original research published in The Counseling Psychologist by Allyson Inez Ford, LPCC on her podcast focusing on body image and eating disorders.

### **Invited Presentation**

**02/19/2025**

*Recorded lecture of Sizeism Among Fat and Big Men for the SAGE Psychology & Psychiatry Podcast.*

- I presented my original research that was published in The Counseling Psychologist on the official SAGE Psychology & Psychiatry podcast. SAGE is a leading international publisher of journals, books, and electronic media for academic, educational, and professional markets.

## RADIO

### **Expert Interview**

**12/05/2024**

*National Public Radio (NPR) interview about post-election anxiety in the LGBTQ+ community.*

- I was interviewed by Tom Martin of the Eastern Standard for a story about post-election anxieties and fears for the LGBTQ+ community as well as in response to a recent hate crime in Lexington, KY.

### **Expert Interview**

**04/01/2024**

*WEKU interview regarding the identification and treatment of eating disorders.*

- I was interviewed by Keenan Smith for a story about how to identify symptoms of eating disorders and what treatment options are available.

### **Expert Interview**

**10/05/2023**

*WEKU interview regarding rise of and treatment for gambling addiction.*

- I was interviewed by Stu Johnson for a story about the increased access to gambling in Kentucky, signs of gambling addiction, treatment for gambling addiction, and how to access help if you think you have a problem with gambling.